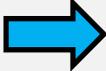
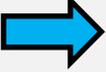


Greenfields Academy (Secondary) - Long Term Planning – PERSONAL DEVELOPMENT

Academic Year Overview 2020/21 – YEAR 7

Term	Autumn		Spring		Summer	
	1	2	3	4	5	6
TRANSITION FROM.....  	Personal Development My New School New School Surroundings Managing Transition	Personal Development Friendship & Bullying	Personal Development Puberty and Hygiene	Personal Development Healthy Living	Personal Development Dessert Island Living	Personal Development Local and Global issue & My Online world
	Tutorial T – Newsround & Media W – Sharing & Caring Th – Ethics, Current Affairs & Events F – Fun & Social	Tutorial T – Newsround & Media W – Sharing & Caring Th – Ethics, Current Affairs & Events F – Fun & Social	Tutorial T – Newsround & Media W – Sharing & Caring Th – Ethics, Current Affairs & Events F – Fun & Social	Tutorial T – Newsround & Media W – Sharing & Caring Th – Ethics, Current Affairs & Events F – Fun & Social	Tutorial T – Newsround & Media W – Sharing & Caring Th – Ethics, Current Affairs & Events F – Fun & Social	Tutorial T – Newsround & Media W – Sharing & Caring Th – Ethics, Current Affairs & Events F – Fun & Social
Weekly Sequence	KEY: N – New Learning & Knowledge, KQ – Key Question, WSF – Whole School Focus (e.g. Computing Week, Language Day)					

<p>1</p>	<p>N – Identify the main buildings around the school and the key people within the SLT. Recognise the pastoral team and what they do.</p> <p>KQ – Can you identify a number of staff figures? Would you be confident in selecting a staff member to discuss challenging situations, worries or difficulties with?</p>	<p>N – To identify the key characteristics of a positive friendship.</p> <p>KQ – can you list 5 characteristics of a positive friendship? Can you expand on one of those characteristics?</p>	<p>N – To outline the physical changes that happen to both boys and girls during the puberty.</p> <p>KQ – What physical changes might occur through puberty? How might such changes affect an individual’s self-esteem and confidence? How should/might you react to another person’s changes whether they be slight or highly noticeable?</p>	<p>N – To outline what a healthy diet looks like and why it is important to our physical health.</p> <p>KQ – Could you recognise and explain the health food plate? Could you identify specific food groups and give examples of foods with in each group?</p>	<p>N – To define terms such as community, laws, democracy, needs and luxuries.</p> <p>KQ – can you identify community? Laws? Democracy? Needs? Luxuries?</p> <p>Can you select one of these key terms and explain how this might affect you personally?</p>	<p>N – Gain a greater understanding of single use plastics and their global impact.</p> <p>KQ – What is meant by a single use plastic? Can you give an example of a single use plastic? What is your opinion on how single use plastics are affecting our world, our climate and our ways of life?</p>
<p>2</p>	<p>N – Identify areas of difficulties faced when starting secondary school and what would make it easier.</p> <p>KQ – What difficulties might an individual have when becoming a secondary pupil or moving into a new secondary school? Would you know how to manage/deal or seek support for certain difficulties?</p>	<p>N – To outline strategies for maintaining friendships over time</p> <p>KQ – What does/might a strong lasting friendship rely on? What might influence the lasting of a relationship?</p>	<p>N – To outline the emotional changes that happen during puberty and strategies for dealing with them</p> <p>KQ – can you identify 3-5 changes or difference as a result of puberty? How might this effect the individual? What can the individual do to support themselves or even others going through puberty?</p>	<p>N – To explain the importance of exercise and different ways of getting exercise.</p> <p>KQ – What is exercise? What are the benefits of exercise? Can you think of how different people might exercise from the elderly to the youth, from fully body abled to severely disabled etc?</p>	<p>N – To define terms such as community, laws, democracy, needs and luxuries.</p> <p>KQ – can you define community? Laws? Democracy? Needs? Luxuries?</p> <p>Can you select 2 or more of these key terms and explain how this might affect you personally?</p>	<p>N – Understand what Gaming addiction is, its impact and how gaming can influence life and living.</p> <p>KQ – What is an addiction? What is a gaming addiction? Do you feel you have ever been addicted to a game? Are games specifically designed with an addiction rating? What are your thoughts on “the most addictive helicopter game” on google?</p>

<p>3</p>	<p>N – Identify key behaviours of a successful student using the four categories (Organisation, time management, reflection & stress management)</p>	<p>N – To understand what a toxic friendship is and how to deal with it.</p> <p>KQ – what is meant by the word “Toxic”? how might this look in a relationship? If in a relationship that is toxic or you have observed one, what could be done to aid/support the situation/relationship?</p>	<p>N – To identify how personal hygiene can change during puberty and how to deal with these changes.</p> <p>KQ – what is personal hygiene? What does personal hygiene consist of? How might personal hygiene change through puberty? What measure might you take to support such changes?</p>	<p>N – To know every day basic first aid.</p> <p>KQ – What is basic first aid? Who might benefit from developing knowledge and confidence in basic first aid? When might basic first aid be required? How important can basic first aid be?</p>	<p>N – To describe and evaluate community decision making methods such as direct democracy, representative democracy totalitarianism.</p> <p>KQ – What is democracy? What does totalitarianism? Can you give any examples of both/either?</p>	<p>N – Consider the impact of kindness to one another within our community or academy.</p> <p>KQ – What is kindness? Can you give any example of where you may have witnessed kindness in your community or in the school environment/academy?</p>
<p>4</p>	<p>N – Apply knowledge of success behaviours to a given situation.</p> <p>KQ – Can you identify behaviours resulting from successful situations or experiences? Can you link behaviours and potentially emotions to experiences?</p>	<p>N – To identify and define different types of bullying.</p> <p>KQ – Can you define bullying? Are there different types of bullying? Who might be a bully? Why might someone or a group of people choose to bully? Have you ever experienced bullying? Who could potentially bully and why?</p>	<p>N – To identify people and agencies you can turn to for support and help during this time (Puberty).</p> <p>KQ – What problems could someone face when going through puberty? How might certain difficulties during puberty be dealt with or supported? What agencies are available to seek information and support from? Who else may be of help during this time?</p>	<p>N – Understand the importance of rest and recovery and its influence on health and wellbeing. (Sleep Pack)</p> <p>KQ – What benefits are there from rest / recovery / sleep? How might a lack of rest of sleep affect an individual? Have you ever experienced and lack of rest / Sleep? What was that time like?</p>	<p>N – To consider what the necessities are for helping your community survive.</p> <p>KQ – Can you define the term necessities? On a deserted island what necessities might be essential? What impact could certain/selected necessities have on a community in need? Can you identify both positive and negative that may occur with necessities in difficult situations or a challenging environment?</p>	<p>N – Be able to identify basic Internet and social media laws and their purpose.</p> <p>KQ – Why do some areas of social media have restrictions? What could some of those restrictions be? Why are certain restricted enforced? What impact do restrictions have? With out certain restrictions, what could occur?</p>

<p>5</p>	<p>N – Define, identify and develop knowledge of what plagiarism is and why they should not do it.</p> <p>KQ – What is plagiarism? Why do I need to know what plagiarism is? Is plagiarism the same as copying? Do you gain anything from copying? What situations might plagiarism be used? What potential consequence are there if plagiarism is found?</p>	<p>N – To outline strategies dealing with different types of bullying including legal means.</p> <p>KQ – Do you understand and can you recognise various forms of bullying? How can bullying be combatted? Can you give example of various methods to over come various forms of bullying? Who can support combat these difficulties?</p>	<p>N – Identify how to support others struggling through Puberty (Create a letter or support).</p> <p>KQ – How might you support a friend who is struggling with puberty difficulties? Who else could support? What methods of support are there? Is there a time period/restriction for support?</p>	<p>N – Identify illness, disease and viruses. Determine what they are and how can they be prevented, manged and treated.</p> <p>KQ – What is an illness? Give examples What is a disease? Give examples What is a virus? Give examples Can you identify any methods of support of treatment for individual examples given above?</p>	<p>N – To demonstrate the understanding that actions have consequences.</p> <p>KQ – Can you define the term “Consequence”? When might a consequence occur? Can you provide and a number of examples or given situations where there might be more than once consequence? What influence might a consequence have on an individual?</p>	<p>N – Understand the benefits and dangers of the internet.</p> <p>KQ – How can the internet be useful or helpful? How can the internet be used positively? What is the internets purpose?</p> <p>How can the internet be abused? What are the dangers of the internet? How can you protect against the dangers identified?</p>
<p>6</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Outline basic Online safety. KQ – WSF –</p>
<p>7</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – Consolidate the term. Catch up, continue or strengthen gaps in knowledge.</p>	<p>N – KQ – WSF –</p>