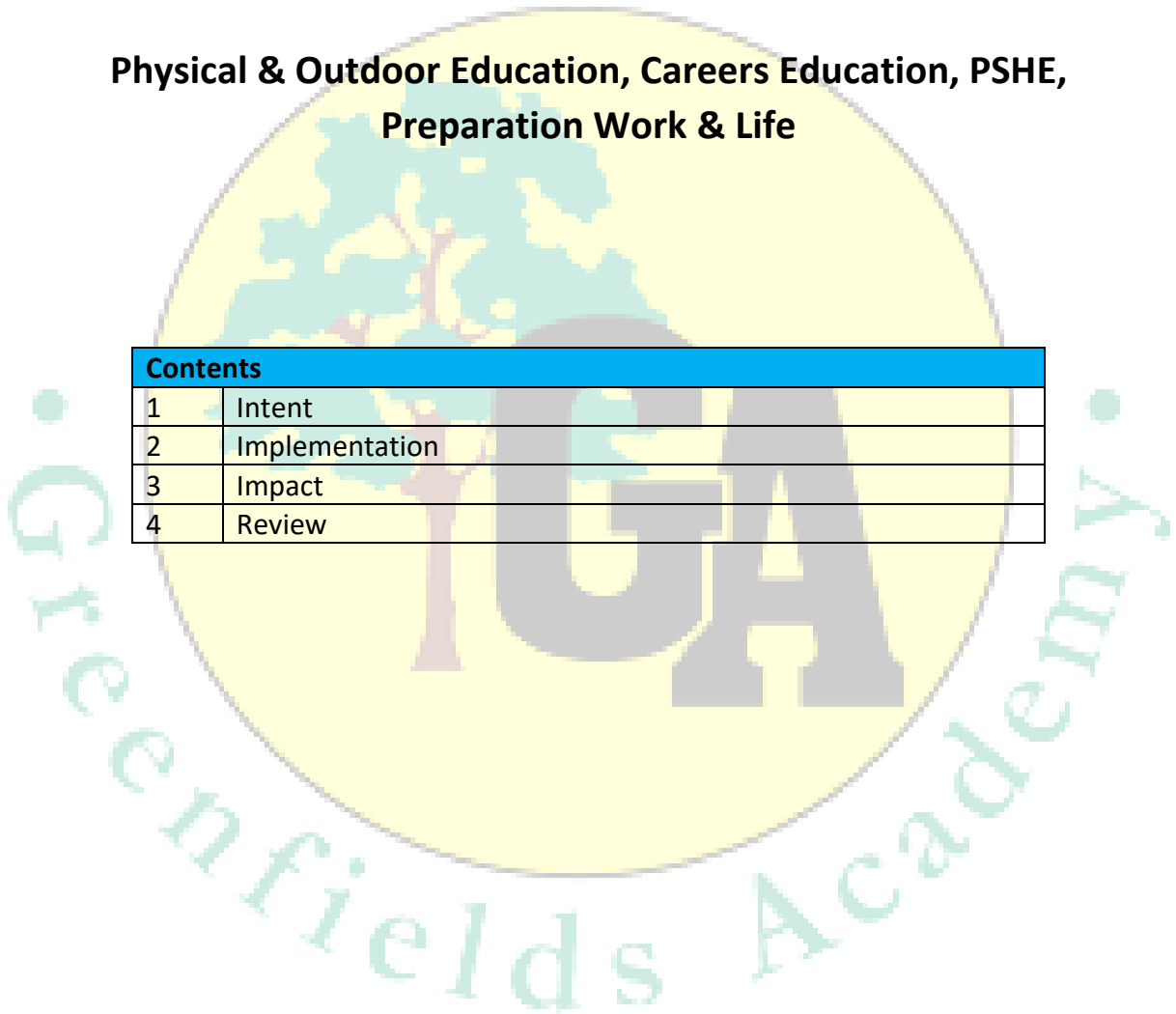


# Curriculum Delivery Statement

## Health & Me

Physical & Outdoor Education, Careers Education, PSHE,  
Preparation Work & Life

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## 1.0 Intent

The subjects which form the *Health & Me* curriculum area are; Physical Education, Outdoor Education, Careers & Guidance, PSHE, Personal Wellbeing, short-course GCSE PE, Preparation for Work & Life.

Learning in these subjects enables pupils to develop a wider sense of self and aspirational direction, understand and care for their physical and mental body, express their emotions and knowledge through physical movement, develop fundamental knowledge and skills for the workplace.

*Health & Me* is the bridge between Academic and Pastoral teaching, learning and progress. Where pupil's EHCP is specifically taught in the context of specialist SEMH provision. It is founded in the principle that a Health and Wellbeing has to come first.

As we drive the aspirations of our pupils, in 2022-23 the *Health & Me* curriculum area will expand KS4 choices to include some of the following; full course GCSE PE, GCSE Citizenship and L1 Public Services.

## 2.0 Implementation

### Key Stage 2

PSHE	50 minutes per week
PE & OE	260 minutes per week
Personal Wellbeing	150 minutes per week

### Key Stage 3

PSHE	50 minutes per week
PE & OE	180 minutes per week
Personal Wellbeing	150 minutes per week

### Key Stage 4 (core provision)

PSHE	50 minutes per week
PE	260 minutes per week
Personal Wellbeing	150 minutes per week
Careers & Guidance	50 minutes per week

### Key Stage 4 (personalised accreditation)

Preparation for Work & Life	50 minutes per week
GCSE PE (sc)	260 minutes per week

Personal Wellbeing is vehicle by which pupil's EHCP targets are specifically delivered within the taught curriculum provision. Each pupil having their own Personal Wellbeing timetable align with their EHCP provision working alongside the extensive Intervention waves.

### Thematic Curriculum

Our newly designed thematic KS2-KS3 curriculum launches in July 2021. Our pupils' voyage through their *Health & Me* curriculum will use the application of Countries, Continents and Counties as an overarching theme to their intended learning, which is applied at varying but relevant depths, consistently providing opportunities to apply, stimulate or compare and contrast within a theme, or against it. For example, in Y9 reading the text is 'Of Mice and Men', whilst the story is not set in the theme of 'Lincolnshire', pupils will compare and contrast between the Thematic and the setting of the story. Educational Visits will provide targeted enrichment and application of the learning content. The thematic curriculum also encourages pupils to build on their existing knowledge and skills and they complete their voyage through varying and progressive contexts. For example, where 'sentence building' is taught in the theme of 'Argentina' in Primary 1, it is revisited 2 terms later in the form of identify and writing paragraphs under the 'Caribbean' theme. This continues through KS2 and KS3, before being refined and consolidated at KS4 through a personalised accreditation. Where learning specific to a theme requires revisiting, this can also be achieved as the thematic moves from Countries in KS2, to Continents in KS3. For example, if studying the physical geography of the 'Chile' in Primary 2, this could be revisited and taught to progressive depth in KS3 during 'Americas'.



*“...areas of the curriculum are connected together and integrated within a theme. It allows learning to be more natural and less fragmented”*

### Accreditation

Pupils continue to study aspects of the *Health & Me* curriculum, but not all are accredited directly eg. PE or PSHE. Accrediting pupils learning is critical to their post-16 opportunities. Within the *Health & Me* curriculum it enables pupils to select accredited learning from a small suite of awards, based on their post-16 aspirations and subject areas they enjoy or are passionate about. The accreditations offered are across Entry Level NEA and GCSE (1-5) courses. Preparation for Work & Life forms a vital part of our provision, particularly to support and accredit KS4 learners on Orange and Blue Tides.

### Intervention Waves

The unique nature of our *Health & Me* curriculum means it is fundamentally aligned with Intervention Wave provision within our pupil's Greenfields Voyage. All strategies within our 5 waves of provision support pupils *Health & Me* to varying depths as they, as they form the foundation of Maslow's hierarchy of needs which therefore enables pupils to flourish and grow across all allocated Tides, this is especially evident in the Wave 1 and 2 provision. It is also relevant across all strategies in Wave 3 to 5, but the below have a specific focus on the Health & Me academic and pastoral curriculum.

WAVE 3	WAVE 4	WAVE 5
Bespoke Emotional Awareness	Play Therapy – ST (12 weeks)	TIMs – Pastoral (Level 2)
Bespoke Handwriting Programme	Targeted Sensory Support	Black Barn
Swim25	Art Therapy	Cognitive Behaviour Therapy
Peripatetic Tuition	Duke of Edinburgh Award	One to One Counselling
Targeted Residential Visits	Summer Camp	Short Term Crisis Intervention Plan (time related)
Lego Therapy (6 weeks)	Group Anxiety (6 weeks)	Play Therapy LT (12+weeks)
TIMS Level 1	Behaviour Intervention Plans	
	Heart, Head, Hands	
	PCSO Workshop	

### 3.0 Impact

Quality of Education to be consistently Good or better, showing capacity for sustained improvement.

Pupils make expected or better progress across the *Health & Me* curriculum, consistent with their Tidal provision.

At the heart of high quality Physical & Outdoor Education is the acquisition of movement skills and concepts to enable students to participate in a range of physical activities – confidently, competently and creatively. This provides a foundation for lifelong physical activity participation and enhanced performance, students acquire an understanding of how the body moves and works whilst nurturing a positive attitude towards physical activity, health and its fundamental impact on mental wellbeing. Pupils appreciate the significance of physical activity, outdoor recreation and competitive sport in society. Outdoor Education is a vehicle to connect *Health & Me* with *Explore & Make*, supporting pupils to make meaningful connections across the curriculum and life outside of school. Movement is a powerful medium for learning, through which students can practise and refine personal, behavioural, social and cognitive skills and express their emotions. Pupils will grow to exhibit the values of teamwork, respect, aspiration and competition.

PSHE is the key to children ultimately becoming confident tolerant and well-rounded adults. We provide the knowledge, empowerment and skills for children to approach a range of real -life situations and apply their skills to help navigate themselves through modern life recognising and demonstrating the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty. They will be exposed to a range of global issues and problems, building tolerance and a sense of responsibility of being a global citizen. Understanding the physical aspects involved in RSE at an age appropriate level. This part of the Greenfields Voyage sets pupils on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society.

Careers will equip pupils with the knowledge and skills to be able to participate in wider society. Pupils will be enabled to understand and navigate a rapidly changing 21st Century world. They will possess the self-awareness and enhanced aspirations to succeed in later life and to be able to make a positive contribution to society through structured preparation for their post-16 education, training or employment. Including a personal portfolio of work-place CPD awards. By the end of KS4 all pupil will have a destination and no pupils should be NEET.

### 4.0 Review

Date Written: June 2021

Review Date: June 2022

END